Self Audit

NAME : Example Report ID # : 000-00-0000

AGE: 31 SEX: Male CONFIDENTIAL REPORT

ETHNICITY/RACE: Caucasian EDUCATION : G.E.D. MARITAL STATUS: Married DATE OF BIRTH : 04/21/1987 DATE SCORED : 03/02/2018

Self-Audit results are confidential and are working hypotheses. No diagnosis or decision should be based solely upon these results. These test results are to be used in conjunction with experienced staff judgment and review of available records.

MEASURES	%ile	SELF-AUDIT PROFILE			
		+ - LOW RISK	+ - MEDIUM	+ -PROBLE	
TRUTHFULNESS	85				1
RESISTANCE	90	_	-	_	
VIOLENCE	90	-	- 	- 	
ALCOHOL	53	-	_ ========	_ 	
DRUGS	75	-		_ 	
		+ 0 PE	40 RCENTILE SCOR	70	90 100

SUMMARY

These Self-Audit (SA) scores are Truth-Corrected and accurate. He will frequently be resistant and uncooperative. This client is dangerous to self and others. Treatment for alcohol-related problems is not needed. If not 'recovering,' illicit drug abuse is likely.

A Self-Audit scale score at or above the 90th percentile is indicative of serious problems. Review the following scales carefully: RESISTANCE, VIOLENCE, MORALE, SELF-ESTEEM scales. This individual manifests many serious problems and needs help. A referral to a licensed mental health practitioner for a psychological or psychiatric evaluation, diagnosis and treatment plan appears warranted. Prompt referral or intervention is needed.

The Distress, Morale, Self-Esteem and Stress Coping Abilities Scales are printed on the next page.

MEASURES	%ile	SELF-AUDIT PROFILE		
		++ - LOW RISK - MEDIUM -PROBLEM-MAX-		
DISTRESS	88			
MORALE	92			
SELF-ESTEEM	96			
STRESS COPING	94			
		++++++ 0 40 70 90 100 PERCENTILE SCORES		

SUMMARY

This individual experiences distress (pain or suffering). Poor self-confidence and low morale are apparent. Very serious self-esteem problems are evident (suicidal?). Serious stress coping problems are present.

* * SUMMARY PARAGRAPHS EXPLAINING CLIENT'S ATTAINED SCALE SCORES * *

TRUTHFULNESS SCALE: PROBLEM RISK RANGE RISK PERCENTILE:85 This client's Truthfulness Scale score is in the problem risk (70 to 89th percentile) range. Problem risk scores are defensive and guarded regarding their self-disclosure. A conscious attempt to present self in an overly favorable light is evident. Other Self-Audit scale scores should be accurate because they are Truth-Corrected. However, some problem minimization is possible. Denial and defensiveness to further inquiry can be anticipated.

RESISTANCE SCALE: MAXIMUM-LOW RISK RANGE RISK PERCENTILE:90 Resistance to help, assistance, structure or authority is evident and acting-out behavior may result. These individuals are complaining, uncooperative, demanding argumentative and hostile. They often resent even minimal limits or expectations. This client is genuinely resistant. Interpersonal conflict and relationship problems are likely. This client's Resistance Scale score is in the very high resistant (90 to 100th percentile) range.

VIOLENCE SCALE: MAXIMUM-LOW RISK RANGE RISK PERCENTILE:90 This client's score on the Violence Scale is in the High Risk (90 to 100th percentile) range. High risk scorers are hostile and violent people. Any assaultive on violence involved arrests/convictions would increase the probability for violence even more. Counseling (individual or group) or even a referral for a psychological evaluation (diagnosis, prognosis and written treatment plan) might be warranted.

ALCOHOL SCALE: MEDIUM-LOW RISK RANGE RISK PERCENTILE:53 Alcohol use is present, however, an established pattern of alcohol is not evident. This client's Alcohol Scale score is in the Medium Risk (40 to 69th percentile) range. Risk of alcohol abuse is low. Treatment for alcohol-related problems does not appear to be needed at this

time. Any prior alcohol-related arrests, e.g., DUI/DWI, would upgrade the risk of alcohol abuse.

DRUGS SCALE: PROBLEM RISK RANGE

This individual's Drugs Scale score is in the Problem Risk (70 to 89th percentile) range. Drug abuse is likely, or this person is a "recovering" (drug problem, but has stopped using) drug abuser. If recovering, relapse risk is high. Consideration might be given to drug treatment and/or Narcotics Anonymous (NA) or Cocaine Anonymous (CA) meetings.

DISTRESS SCALE: PROBLEM RISK RANGE

This client's Distress Scale score is in the Problem Risk (70 to 89th percentile) range. Problem risk scorers reflect considerable worry, apprehension and unhappiness. This is a troubled client. Areas of inquiry might include this person's life situation, adjustment and emotional equilibrium. Considerable distress is evident and this individual would benefit from counseling. This is a problem risk Distress Scale score.

MORALE SCALE: MAXIMUM-LOW RISK RANGE RISK PERCENTILE:92 This client's Morale Scale score is in the High Risk (90 to 100th percentile) range. High risk scorers manifest poor emotional morale characterized by a lack of optimism and hope. High risk scorers are often silent, retiring and even depressed. Counseling (individual or group) might be helpful.

SELF-ESTEEM SCALE: MAXIMUM-HIGH RISK RANGE RISK PERCENTILE:96 There are unusual qualities to this client's rejection and disapproval of self which may involve serious emotional problems. This score may indicate confusion, guilt, suicidal ideation, or an attempt to portray self negatively (fake bad). Referral to a certified/licensed mental health professional for a diagnosis of treatment plan is warranted.

STRESS COPING SCALE: MAXIMUM-LOW RISK RANGE RISK PERCENTILE:94 This is a High Risk (90 to 100th percentile) Stress Coping Abilities Scale score. Poor stress coping abilities are evident. Stress or this person's ineffective coping abilities are contributing to this persons adjustment problems and concerns. This client needs stress management skills. Consideration should be given to referral for a psychological evaluation (diagnosis, prognosis and treatment plan).

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SECTION 2: SIGNIFICANT ITEMS: These answers are the respondent's self-reported responses. They represent direct admissions or unusual answers, which may help in understanding the individual's situation.

ALCOHOL

10. Sometimes drinks too much

75. In last year a drinking prblm.

DRUGS

- 5. Smokes pot socially
- 21. Attended NA or CA meetings
- Drug problem in past
 In treatment for drugs

SIGNIFICANT ITEMS (continued):

DIST	TRESS	VIO	LENCE
27. 30. 72.	States nobody to talk to In last 10 yrs mental hospital Admits not happy with life States no close friends Feels cannot go on	29. 70.	At times can't control self When angereddangerous More dangerous than peers Often filled with hate
RES]	STANCE	MORA	ALE
16. 25. 32. 46. 59.	Doesn't want help Doesn't want to discuss prblms. Doesn't need help Wants to be left alone States doesn't want help Doesn't want help Often resistant/defiant	30. 51. 61. 76.	Often feels nobody cares States not happy with life Lacks desire to overcome Family/friends don't help Feels cannot go on Doesn't feel good about self
opir comp	TION 3: The person's answers to bw. It should be noted that these nionwith all of its biases. The person's subjection of the person's subjection of the person's subjection.	o mo e ans These ctive	ultiple choice items are printed swers represent the respondent's e multiple choice answers allow e opinions with objective and
150. 151. 152.	No serious family problems Not a "recovering" person Not a 12-step person Drinking: no problem No alcohol treatment programs Drugs: no problem No drug treatment programs	155 156 157 158 159	. Not willing to accept help . No morale problem . No self-esteem problems . Not suicidal or homicidal . No stress problems . Not in a treatment program . No support group
RECO	DMMENDATIONS AND/OR COMMENTS:		
 S1	TAFF MEMBER SIGNATURE DATE		

SELF-AUDIT RESPONSES